

# SUMMER PROGRAM MENU

## July 2016

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b> Cereal, Banana, Milk/Juice	<b>BREAKFAST</b> Pancake Sausage Wrap, Banana, Milk/Juice	<b>BREAKFAST</b> Bagel w/ Cream Cheese, Banana, Milk/Juice	<b>BREAKFAST</b> French Toast Sticks, Banana, Milk/Juice	<b>BREAKFAST</b> Nutri-Grain Bars, Banana, Milk/Juice
<b>LUNCH</b>				
				1  Chicken Patty Sandwich 3/4c. Corn 1 Cup Fresh Fruit 1/2pt. Milk
4 <b>INDEPENDENCE DAY NO PROGRAM</b>	5 Hamburger on WG Bun 3/4c. Baked Fries 1/2c. Fresh Fruit & 1/2c. Fruit Juice 1/2pt. Milk	6 Turkey & Cheese Sandwich 1oz. Bag of Pretzels 1 Cup Fresh Fruit 1/2pt. Milk	7 <b>Pizza</b> 1oz. Bag Veggie Chips 1/2c. Fresh Fruit & 1/2c. Fruit Juice 1/2pt. Milk	8 Ham & Cheese Sandwich 3/4c. Sliced Cucumbers & Cherry Tomatoes 1 Cup Fresh Fruit 1/2pt. Milk
11  <b>Pizza</b> 3/4c. Sliced Cucumbers 1 Cup Fresh Fruit 1/2pt. Milk	12 Hamburger on WG Bun 3/4c. Baked Fries 1/2c. Fresh Fruit & 1/2c. Fruit Juice 1/2pt. Milk	13 Ham & Cheese Sandwich 3/4c. Veggie Straws 1 Cup Fresh Fruit 1/2pt. Milk	14 <b>Pizza Hot Pocket</b> 1oz. Bag of Pretzels 1/2c. Fresh Fruit & 1/2c. Fruit Juice 1/2pt. Milk	15 Hot Dog on WG Bun 3/4 c. Baked Fries 1 Cup Fresh Fruit 1/2pt. Milk
18  Chicken Patty Sandwich 3/4c. Corn 1 Cup Fresh Fruit 1/2pt. Milk	19 Meat Ball Hoagie 3/4c. Green Beans 1/2c. Fresh Fruit & 1/2c. Fruit Juice 1/2pt. Milk	20 Ham & Cheese Sandwich 3/4c. Veggie Straws 1 Cup Fresh Fruit 1/2pt. Milk	21 Chicken Nuggets 1/2 c. Buttered Noodles 1/2c. Fresh Fruit & 1/2c. Fruit Juice 1/2pt. Milk	22  <b>Pizza</b> 3/4c. Sliced Cucumbers 1 Cup Fresh Fruit 1/2pt. Milk
25 Hot Dog on WG Bun 3/4 c. Baked Fries 1 Cup Fresh Fruit 1/2pt. Milk	26 Chicken Patty Sandwich 3/4c. Green Beans 1/2c. Fresh Fruit & 1/2c. Fruit Juice 1/2pt. Milk	27 Turkey & Cheese Sandwich 3/4c. Veggie Straws 1 Cup Fresh Fruit 1/2pt. Milk	28 Meat Ball Hoagie 3/4c. Green Beans 1/2c. Fresh Fruit & 1/2c. Fruit Juice 1/2pt. Milk	29 Ham & Cheese Sandwich 1oz. Bag of Pretzels 1 Cup Fresh Fruit 1/2pt. Milk

**Juice Choices: 100% Apple Juice, 100% Orange Juice**

**Fruit Choices: Apples, Bananas, Oranges, Grapes (dependent upon availability)**

**MENU SUBJECT TO CHANGE**